

Covid-19 Health Monitoring using IoT

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Abstract: *Health Monitoring Is the Major Problem in Today's World. Due To Lack of Proper Health Monitoring, Patient Suffer from Serious Health Issues. There Are Lots of IoT Devices Now Days to Monitor the Health of Patient Over Internet. Health Experts Are Also Taking Advantage of These Smart Devices to Keep an Eye on Their Patients. With Tons of New Healthcare Technology Start-Ups, IoT Is Rapidly Revolutionizing the Healthcare Industry. Here In This Project, We Will Make an IoT Based Health Monitoring System Which Records the Patient Heart Beat Rate and Body TEMPERATURE, HUMIDITY, OXIGEN and Also Send an Alert Whenever Those Readings Goes Beyond Critical Values.*

The IoT node tracks health parameters, including body temperature, humidity, pressure, and oxygen saturation, then updates the smartphone app to display the user health conditions. The environmental risk conveys from the virtual zone concept and provides updated information for different places. Two scenarios are considered for the communication between the IoT node and fog server, WIFI, which can be selected based on environmental constraints. The COVID-SAFE framework can assist in minimizing the coronavirus exposure risk.

Keywords: *Coronavirus, COVID-19, Internet of things, IoT applications, Pandemic*

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I. INTRODUCTION

The need of upholding numerous sectors. In these current years IoT grabbed the most of industrial area specially automation and control. Biomedical is one of hot trend to provide better health care. Not only in infirmaries but also the personal health caring services are opened by the IoT skill. So having smart system numerous parameters are observed that consumes power, cost and increase efficiency. In rendering to this smart scheme, this paper is reviewed. In traditional method, medics play an important role in health check-up. For this process requires a lot of time for registration, appointment and then check-up. Also, reports are produced later. Due to this lengthy process working people tend to ignore the check-ups or delay it. This modern tactic reduces time consumption in the process. In the recent years use of radiocommunication skill is increasing for the need of upholding numerous segments. In these recent years IoT scabbled the most of engineering area specially automation and control. Biomedical is one of current trends to provide better health care. Not only in infirmaries but also the personal health care facilities are opened by the IoT technology. So having a smart system, numerous parameters are observed that consume power, cost and increase efficiency. In unity with this smart system, this paper is reviewed.[3] Medical scientists are trying in the field of innovation and research since many decades to get better health services and happiness in human lives. Their influence in medical area is very significant to us and cannot be neglected. Today's self-propelled structures have the root ideas coming from yesterday's basics. Also, Early exposure of chronic diseases can be easy with this technology. The physique temperature, heart rate, blood pressure, respiration rate are prime parameters to diagnose the disease. This project gives temperature and heart rate values using IoT An embedded system is a combination of software and hardware to perform a dedicated task. Some of the key devices used in embedded produces are Microchips and Microcontrollers. Microchips are frequently referred to as general purpose CPUs as they simply accept the inputs, process it and

give the output. In contrast, a microcontroller not only accepts the data as inputs but also manipulates it, interfaces the data with numerous devices, controls the data and thus lastly gives the result.

II. BLOCK DIAGRAM

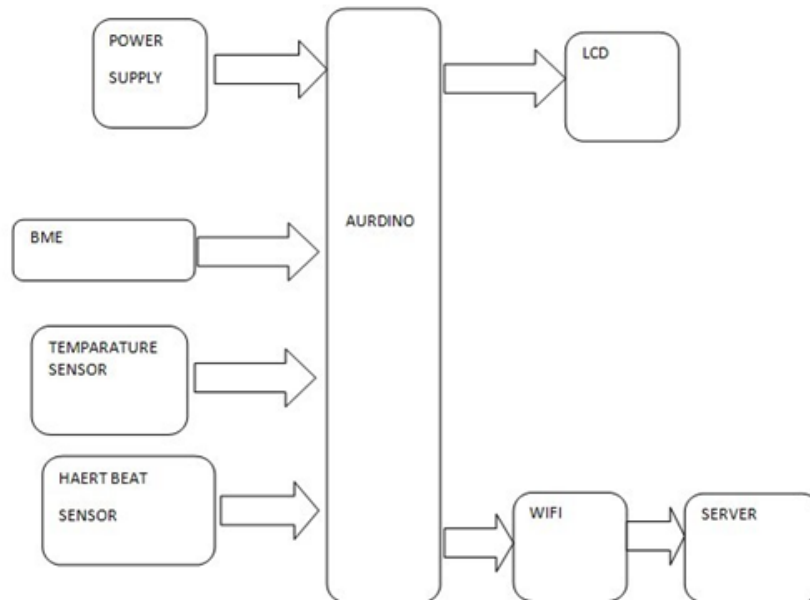


Fig 1 Block diagram

III. POWER SUPPLY

The input to the circuit is useful from the regulated power supply. The a.c. input i.e., 230V from the mains supply is step down by the transformer to 12V and is fed to a rectifier. The output gained from the rectifier is a pulsating d.c voltage. So, in command to get a pure d.c voltage, the output voltage from the rectifier is fed to a filter to remove any a.c components present even after rectification. Nowadays, this voltage is given to a electrical energy to get a pure constant dc voltage.

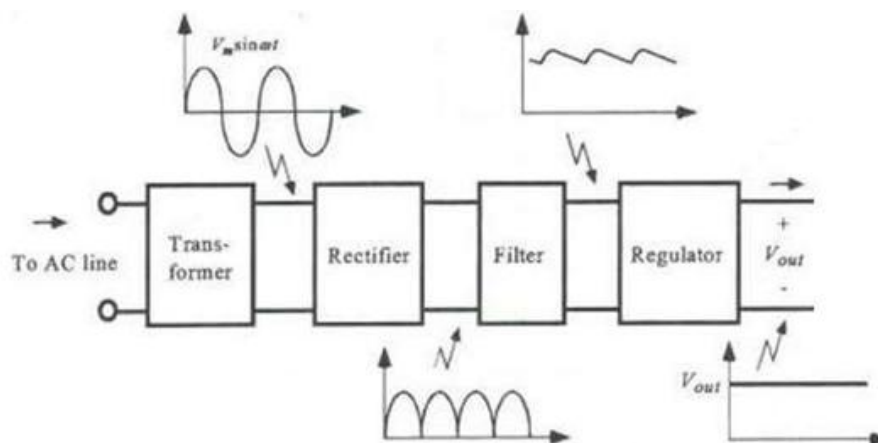


Fig 2. Power supply block diagram

IV. BME280 SENSOR

At the heart of the component is the next-generation numerical temperature, humidity and pressure sensor factory-made by Bosch – BME280. It's a successor to sensors like BMP180, BMP085 or BMP183. This accuracy sensor can measure relative humidity from 0 to 100% with $\pm 3\%$ accuracy, barometric pressure from 300Pa to 1100 hPa with ± 1 hPa absolute accuracy, and temperature from -40°C to 85°C with $\pm 1.0^{\circ}\text{C}$ accuracy. The pressure capacities are so precise (low altitude noise of 0.25m), you can even use it as an altimeter with ± 1 meter correctness.

V. TEMPERATURE SENSOR

A sensor (additionally called identifiers) is a gadget that actions a quantifiable trait and converts it into a sign which can be perused by an eyewitness or by an instrument. For instance, a mercury in glass thermometer changes over the deliberate temperature into development and constriction of a fluid which can be perused on an aligned glass tube. A thermocouple changes temperature over to a yield voltage which can be perused by a voltmeter.

The LM35's low yield impedance, straight yield, and exact intrinsic alignment make interfacing to readout or control hardware particularly simple. It tends to be utilized with single force supplies, or with in addition to and short supplies. As it draws just 60 μ A from its inventory, it has low self-warming, under 0.1°C in still air.

VI. HEART BEAT SENSOR

Observing pulse is vital for competitors, patients as it decides the state of the heart (just pulse). There are numerous approaches to gauge pulse and the most exact one is utilizing an Electrocardiography.

Be that as it may, the simpler method to screen the pulse is to utilize a Heartbeat Sensor. It comes in various shapes and estimates and permits a moment approach to gauge the heartbeat.

The guideline behind the working of the Heartbeat Sensor is Photoplethysmography. As indicated by this guideline, the progressions in the volume of blood in an organ is estimated by the progressions in the force of the light going through that organ..

Typically, the wellspring of light instantly sensor would be an IR LED and the indicator would be any Photo Detector like a Photo Diode, a LDR (Light Dependent Resistor) or a Photo Transistor.

VII. LCD (LIQUID CRYSTAL DISPLAY)

Fluid Crystal Display additionally called as LCD is useful in giving UI just as for investigating reason. The most regularly utilized Character put together LCDs are based with respect to Hitachi's HD44780 regulator or other which are viable with HD44580. The most regularly utilized LCDs found in the market today are 1 Line, 2 Line or 4 Line LCDs which have just 1 regulator.

VIII. WIFI

A remote organization utilizes radio waves actually like TVs and radios do. Truth be told, correspondence across a remote organization is a ton like two-way radio correspondence.

A remote switch gets the sign and disentangles it. The switch sends the data to the Internet utilizing a physical, wired Ethernet association. The interaction likewise works backward, with the switch getting data from the Internet, making an interpretation of it into a radio sign and sending it to the PC's remote connector.

The radios utilized for Wi-Fi correspondence are basically the same as the radios utilized for walkie-talkies, cells and different gadgets. They can communicate and get radio waves, and they can change over 1s and 0s into radio waves and convert the radio waves once more into 1s and 0s. Yet, Wi-Fi radios have a couple of outstanding contrasts from different radios.

IX. SOFTWARE DETAILS

When Arduino IDE is introduced on the PC, associate the board with PC utilizing USB link. Presently open the Arduino IDE and pick the right board by choosing Tools>Boards>Arduino/Genuine Uno, and pick the right Port by choosing Tools>Port.

X. ARDUINO – INSTALLATION

In the wake of finding out about the principle parts of the Arduino UNO board, we are prepared to figure out how to set up the Arduino IDE. When we get familiar with this, we will be prepared to transfer our program on the Arduino board.

In this section, we will learn in easy steps, how to set up the Arduino IDE on our computer and prepare the board to receive the program via USB cable.

Step 1: Download Arduino IDE Software.

Step 2: Power up your board.

Step 3: Launch Arduino IDE.

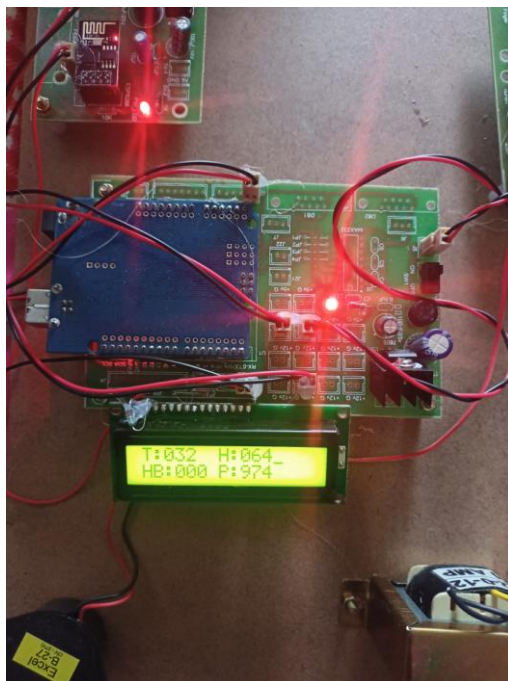
Step 4: Open your first project.

Step 5: Select your Arduino board.

Step 6: Select your serial port.

Step 7: Upload the program to your board.

XI. RESULT



XII. CONCLUSION

In this, we have examined Microcontroller based wellbeing observing framework utilizing IoT. Any anomalies in the ailments can be known straightforwardly and are educated to the specific individual through by means of web. The proposed framework is straightforward, power proficient and straightforward. It goes about as an association among patient and specialist.

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