

MedhaSuktam: A theory-probability of evolving human consciousness.

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MedhaSuktam is mentioned in the Vedas. MedhaSuktam is also described in Mahanarayana Upanishad. Apart from this MedhaSuktam is mentioned in TatrayaAryanyak, Krishna Yajurveda. The glory of MedhaSuktam is very high in Tattvaghyan. Medhasuktam has been added to the syllabus of The National Institute of Open Schooling (NIOS) In which it is described that the primitive sages of India used to recite Medhasuktam and by reciting it regularly their Intellectual receptivity increased greatly.

Medhasuktam is said to be recited by Brahmins sitting in a fixed posture for three months. And at the end of three months, the possibility of developing human consciousness is expressed.

According to a story narrated in the famous book "Yoga Vashishth" published by Gita Press, Rani Leela got *Darshana* (to know) of the multiverse and parallel worlds through meditation by the grace of Goddess Saraswati.

According to a story narrated in the famous book "**Yoga Vashishth**" published by Gita Press, through Rani Leela meditation one can see the multiverse and parallel worlds by grace of Goddess Saraswati. So there is a possibility that by means of *NirantanVandana of MedhaSuktam*, one out of 1 lakh will have the vision of multiverse and parallel world through meditation. If the story described in this book is real then there is a possibility that there is a parallel world and it can be seen through meditation and God's grace and the way to reach this parallel world is improved by devotion to God. **The possibility that this Vedic mantra works as a wormhole of consciousness cannot be ruled out. Medhasuktam is the goddess of knowledge according to Hinduism and according to the book Yoga Vashishth, it is only through the grace of Goddess Saraswati that the character named Lila gets knowledge of a parallel world, so it is likely that Medhasuktam described in the Vedas can play a key role in the development of consciousness.**

Method:

Experiment 1:

Through the electroencephalogram (EEG) of the brain, we can notice the changes in the structure of the brain. From the first day of the experiment to the last day of 3 months by volunteers

Medhasuktam should be done at the time of early morning (Brahma Murat) and during this time electroencephalogram (EEG) of the brain should be done. Meanwhile, by checking the changes in the structure of the brain, it can be known which part of the brain is showing a different pattern due to Medhasuktam.

Experiment 2:

With the help of electroencephalography (EEG) of the brain, we can also investigate whether Medhasuktam has any role in the development of collective consciousness. Comparing the electroencephalography (EEG) of a group of volunteers with the electroencephalography (EEG) of a single individual during meditation with medhashukatam chanting can help understand the effects of collective chanting on consciousness and the brain.

Experiment 3:

By comparing the electroencephalography (EEG) pattern of Medhasuktam with other sources such as Rudrashtakam, Adityahridayashuktam, Sri Shukta, Vishnu Purushashuktam, it will be possible to understand how the mantras of each different source affect the brain, what importance it may have in the development of consciousness.