

Homoeopathic Management of Warts

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ABSTRACT –

To brief about the importance of homoeopathic scope and management of warts.

Date of Submission: 01-02-2023

Date of acceptance: 12-02-2023

I. INTRODUCTION-

Warts are raised bumps on the skin caused by human papilloma virus(HPV). It is a small growth on the skin which may look like an hard blister or an small cauliflower. They have plagued humans for years, as they were discovered on many ancient mummies. Although warts generally aren't dangerous, they are ugly, potentially embarrassing and contagious and painful.

TYPES OF WARTS –

There are five major types of warts. Each type has specific location on our body and have a different appearance. They are-

- 1- Common warts – fingers / toes. Rough grainy appearance.
- 2- Plantar warts- soles of the feet. They grow into the skin.
- 3- Flat warts –Face, thighs, arms. Flat top as if they have been scraped.
- 4- Filiform warts- nose, mouth, sometimes on your neck and chin. They are like skin tags.
- 5- Periungual warts- under and around the toenails and fingernails. Painful in nature.
- 6- Genital warts

SYMPTOMS –

- 1- Small, fleshy grainy appearance on the skin
- 2- Rough to touch
- 3- Sprinkled with black pinpoint, which are small, clotted blood vessels.

Warts have become one of the commonest skin problems today. Although we know it is caused by human papilloma virus (HPV) , this virus can particularly spread to other parts pf the body through :

- 1- Scratching or biting a wart
- 2- Sucking fingers
- 3- Biting fingernails, if there are warts around the nails
- 4- Shaving the face or legs where warts are present.

Having a wet or damaged skin, and coming into contact with rough surfaces increases the risk of infection. For example, scratches or cuts on the soles of their feet is more likely to develop a verruca(contagious wart) in and around public swimming pools. Wearing shower shoes or flip flops while walking near the pools can prevent this problem. GENITAL WARTS are more CONTAGIOUS. Handling meat as an occupation will also increase the risk of contracting warts.

SCOPE OF HOMOEOPATHY –

Our homoeopathic system of medicine is a holistic approach in the treatment and management of warts. We also give a unique approach which includes both the body and mind symptoms. In case for warts, good results are achieved when the remedy corresponds to the characteristics of the person as well as the shape and appearance of the warts. We consider the characteristic symptoms expressed by the patient and come to a simillimum.

HOMOEOPATHIC REMEDIES-

- 1- Antimonium crudum – Suitable for Hard, Smooth warts that often appear in groups. Also associated with gastric complaints.

- 2- CalcareaCarbonica- Round, hard, solitary warts. Often useful for endophytic warts that have a horny wall surrounding a central depression.
- 3- Thuja – The commonest remedy used for various types of warts. Indicated in isolated jagged warts that smell or bleed easily or mosaic warts on the soles of the foot.
- 4- Causticum–Old, large warts on the face especially the nose, under the fingernails which bleed easily is the keynote for this remedy.
- 5- Natrum muriaticum – An important remedy for warts on the palms of the hand and soles of the feet.

RUBRICS –

- 1- Excrescences: Skin chapter – Kent’s repertory
- 2- Warts: Back – Murphy repertory
- 3- Diseases- Suppression, Ailments from -Warts – Murphy repertory
- 4- Eyes – Cornea -Warty growth – Boger BoenninghausenCharacteristics and Repertory.
- 5- Male sexual system – Prepuce- Warts, Condylomata- Boericke repertory.
- 6- Anus warts, around – Phatak repertory

W- Woody, Hard in nature.

A –Affections on skin.

R- Ragged in appearance.

T- Skin tags.

S- Scraped (Flat) warts.

These are few rubrics which specifies to the type,appearance , location of the warts. This also includes mind symptoms which are expressed by the patient. We believe that mind and body are interconnected to each other. Thus, that also adds into the selection of the similimum.

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