

## **Reminder of case trials ignored by doctors in clinics and hospitals while treating patients and probable new trials which needs focus and research: Part II.**

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**Abstract:** This paper is based on author's experience on self and others for many health problems of various kinds. The purpose of this paper is to give ideas and suggestion which are reminder of clinical and hospital trials to treat patients and some are new which needs focus to think and to carryout research and development work on it. All of these suggestions are related to medical field which are important one but are ignored by many of us and these are highlighted in this paper.

**Keywords:** Medical science, Corona virus, Cancer, Leprosy, Mental stress, BP, Sugar, Fat etc.

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1) Children's cry because they have some in health problem in their ear, stomach. In the case of ear problem children's touch their ear, once it is noticed cooking oil heated and by frying the garlic, then after cooling it, should pour in their ear two to three drops and with ear bud it should be cleaned. In the case of stomach pain they feel pain because of stomach gas and constipation problem, Once it is noticed they should be given castor oil appropriately according to their age. For infant's, the castor oil should be made to lick twice or thrice. The children's also cry if they were not washed properly or cleaned after they do motion. Therefore one should clean or wash them properly after they they do motion. They also cry if one feed excessively and they vomit. If children's occasionally vomit it means that they are feed excessively and hence the parents should feed them less. Children's also cry if they were made to sleep on cradle which is not flat. If one observed this the children's should be made to sleep on flat surface. Children's also cry if they were made to wear pampers pants in night because they do frequent urination, one need to check whether they do motion or not periodically, if they do immediately they should be washed, if not attended to it the children's get rashes on their private parts, which is itchy and painful and this makes them to cry. Therefore it is necessary for the parents check this frequently and attend them by washing when they do nature call, I mean motion. Children's also cry if they are unable to swallow the food, if it is so then they should be given or feed with food along with water. If this is observed they should be tried with water, if not they take long time to swallow the food and will cry. In children's and adults, if Inflammation of mouth, tongue and lips is observed due to rashes, then one need to breath in air by mouth open, by doing so one feel coolness in mouth, tongue and lips, and if one perform inhalation of air by mouth ten to fifteen times then the inflammation will disappear. In children's and adults this occur if there are rashes after eating spicy food. If one observes this in children's after performing the above inhalation process they should eat rice with curd and sugar. This will relieve them from the inflammation.

2) For less sperms cells in males and less ovaries in females, I mean infertility problem one need to check which chemical is common in NOVA skin or lip ointment or cream, Jamun (Java plum), mango seeds, munjal skin (Ice Apple skin) and Drum stick seeds. I noticed good feeling after intake of these fruits and I think this common chemical would be solve the infertility problem. One need to know the common chemical in these fruits and should be extracted from these fruits to produce normal sperms cells and ovaries. One need to do research on it to extract that common chemical which solves the problem of infertility.

3) **Update on Procedure to follow when there is spread of dangerous virus like corona virus to control it [1].**

Corona virus:- Glucose, Vitamin C, Asprin , Paracetomal, Banana, Multi-vitamin, Potassium, Oxygen, due to dried lungs, Prevention and cure with dumma (asthama) medicine.

It is in news that corona virus infected persons develops respiratory problem and brain hamarrage problem and attack of different parts of organs in body like heart, lungs, liver, kidney, brain etc.. The respiratory problem arises due to the degradation of lining in the lungs by virus. To avoid the inflammation in lungs the body secretes enzyme or liquid which in turn fill the lungs and causes respiration or breathing problem. In order to avoid this problem the fat in the outer side of lungs should be eliminated as the virus consumes fat on the outer side of the lungs to grow in number or multiplication should be stopped. The most probable solution would be to intake white radish and lemon juice. The white radish is the source of formic acid and lemon juice is the source of acetic acid and these two acids are fat reducing acids and intake of raw white radish and drinking lemon juice would stop virus from growing. This will also reduces reaching the fat from the food in the stomach to lungs. This would probably hinder the growth or multiplication of virus and would probably stop damage to lungs by virus and our body's immune system do not allow to secretion of enzyme or liquid in lungs due to which respiratory problem occurs. This may probably give relief to the infested person with corona virus. It is also reported in news by MIT well known institute in the world that the severely affected person by virus has developed blood clots around the lungs which hinder the flow of blood which are carriers of oxygen to all parts of body. Development of blood clot and non supply of oxygen to different parts of body would cause attack of that organs example brain, liver, heart, kidney and lungs. For example non supply of oxygen to brain would cause brain haemorrhage and also failure of other organs like heart, liver and kidney. The blood clot arises due to thickening of blood which can be avoided by giving patients potassium medicine or eating banana thrice daily as banana contains potassium which is a blood thinner. It is known from news that symptoms of corona virus will be appear after the person gets infected after fourteen days with virus and once it is known the patients they are infected they should wear mask and wash hands frequently and chew clove to weaken the virus as cloves has anti viral and bacterial medicine. Eating of banana would not allow the patients to develop the blood clot which in turn develops due to becoming of thicker blood and this can be avoided by eating banana thrice daily. In order to avoid the breathing problem to develop which in turn occurs due to damage of lining of lungs by virus and secretion of liquid by body's immune system and this in turn arises due to multiplication of virus in the lungs probably by the consumption of fat in lungs can be avoided by eating raw white radish and lemon juice which in turn stops or cleans or reduces the fat in the lungs and stomach. One who have infected with virus should not consume fat rich foods like chicken, beef, mutton and pork. In addition to this antibiotics which will kill the virus and hence medicines which cure running nose causing virus (It means antiviral medicines) should be given to somehow gain the control over the virus. Sinus the dirt in nose arises due to degradation of brain by virus. It is also to be noted that it needs to cut down the oxygen to virus. Viruses are small and when we cut oxygen supply they die and this way one can control the spread of virus. Possible way to do this is to apply air (CO<sub>2</sub>) pressure at the respective areas like throat and nose especially by CO<sub>2</sub> produced in lungs by closing the nose and mouth to suffocate and kill the bacteria and viruses in nose and throat alternatively. This can be done by inhaling CO<sub>2</sub> not oxygen. It is also to be noted that injecting glucose would also be beneficial to make blood thinner otherwise blood clot will develop, glucose would make blood thinner. If the blood is thicker oxygen will not reach the any part or organ of the body as blood is the carrier of oxygen. Taking the multivitamin would also solve the problem. The patients who are critical ill will not eat due to cough and breating problem, if it is observed they should be given glucose to gain energy, milk with bread to gain energy and not to feel hungry. If this does not work, any fruit juice or coconut water should be given. It is known that dry lungs causes breathing problem. IF this is less then drinking water would be beneficial, if the problem persists, medicine to relive the dumma (asthama) problem should be inhaled. The patients can buy this medicine from medical shops and try it. The virus in the lungs make the lungs dry due to which the breathing problem occurs. Trying this (asthama medicine) will be beneficial and there will not be any harm. This would solve the severe breating problem. Please think over it and act accordingly to gain the control over the virus and its disaster it is causing.

4) Eye defect retina damage or bulge of retina, probable traditional cure by etching of retina by using the oxalic acid (probably) present in onion. The other type of acids is ethylene acetate present in first drop of mango. This should be tried on animals first and if it works then should try on human's eye. The non traditional procedure it to do laser operation this is costly. The other way of doing is also using acid present in bilava fruit (in urdu language). The probable acid may be propionic acid and this shall also try on animals first and if successful and no harm should try on human's eye to etch the damaged retina or bulged retina. The acid in bilava causes burns on skin therefore one need to be careful while using it. It should be tried on animals first and if successful then on humans. If this works the eye sight can be regained of those people who have far and short eye sight problem.

5) Some small children's are sad and cry frequently and have common sense problem I mean they do not listen to what their parents are telling to them for their good. They are rigid mentally in thinking. These children's also face physical and mental problem I mean they do not grow physically and mentally. This is due to the deficiency of multi-vitamins. The products like bournvita, horlicks, complain etc is given for the normal growth of children's physically and mentally. But these products have very small amount of vitamins. Hence in order to solve this problem they should be given multi-vitamins syrup four to five times a week. Multi-vitamins syrup on daily basis would also be beneficial as the children's do not eat vegetables and fruits properly. The parents who observed these problem should give children's multi-vitamins syrup on daily basis. If you have any confusion please discuss this with your doctor. If children's do not eat fruits then they should be given fruits kissan jam on daily basis as this is made up of many fruits. This will also solve the problem and helps for the growth of children's physically and mentally. Children's also face difficulty in swallowing food, this arises due to non formation of saliva in mouth while eating, this also arises due to deficiency of multi-vitamins, therefore it is necessary to give multi-vitamins syrup to these children's to avoid this problem. In children's and adult's also one face non opening and closing of stomach inlet, This makes them vomit after they eat food. This problem arises due to deficiency of multi-vitamins, especially vitamin K also called potassium. Therefore it is necessary to intake multi-vitamin syrup on regularly basis to solve the above problems in children's and in some adults. Children's who do not eat food example rice, roti and bread, then they should be given large cup full of curd and glass full of milk and boiled eggs thrice a day. This will make them healthy physically and mentally until they learn to eat rice, roti and bread. Do not make them sleep empty stomach. Milk shakes with different kind of fruits would also be beneficial for all children's to grow physically and mentally. The curd contains good bacteria and this makes children's immune to be healthy. All vitamins are need for good functioning of sense organs and body parts including brain. The deficiency of Vitamin B and B complexes causes palm skin bubble and palm skin peeling and degeneration of foot finger skin and to relieve from palm bubble and palm skin peeling, foot fingers degeneration due to water for children's and adults, wheat skin, ground nut skin, roti made up of wheat flour without sieving is needed. Intake of multivitamins would also resolve this problem. Wheat flakes for children's would be beneficial who do not eat roti made up of wheat flour.

6) In the case of children's the normal functioning of liver is due to appropriately potassium content which is present in banana. Banana is the source of potassium. In some children's especially the girl children's it is observed that liver bulges which makes stomach to bulge. This is due to slow poisoning with potassium cyanide. Slow poisoning will make liver to bulge. If some parents brings children's to hospital with such case, then they should try to find who is giving potassium cyanide which is poison and if this is observed in the case they should stop one who is giving poison. Once stopped the slow poisoning the liver bulginess will go off with time with the excessive intake of water and also by injecting glucose until the bulginess reduces. One who is giving poison should be hand over to police. If this is done then there is no need of transplantation of liver. If the bulginess of liver do not go off with time then one need to think of transplantation of liver. One needs to try the above procedure first, if not the last option should be transplantation.

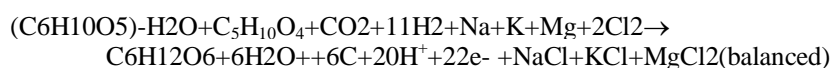
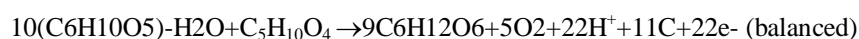
7) Bontha worm (in telugu) also called in English hairy worm which is present on drum stick tree, the chemical present in the saliva of these worms may be useful to long life of humans, this is the thinking occurring many times to my mind. One should also check the rice ball which is wrapped in green and black leaf in Japan. I am getting the thinking that these leafs are essential for long life. Most of the japanese people have long life. One need to find out which chemical is common and present in saliva of hairy worm and these leafs and needed to check whether this would be helpful for long life. This thinking is coming again and again to me. I am sharing this with the researchers and doctors. This needs to be investigated. God gives ideas and thinking this way to all people. One need to think over it.

8) The breathing problem due to Corona virus possibly be the one form of damma (asthama) due to which patients find difficult to breath hence medicine for damma (asthama) should try to control corona virus, example damma comes due to drying of lungs and I have experienced it mildly and drinking of water has solved the problem. For intense breathing problem medicine used to heal the asthama should be inhaled with the inhaler. Other options to be considered is Glucose, banana, multivitamins, potassium, aspirin, Clove, paracetamol, and also asthama medicine. And Also CO<sub>2</sub> mixed with air should try to kill the virus. Virus are small and depend on O<sub>2</sub> if CO<sub>2</sub> mixed air is given the virus can be controlled. One needs to cut down the oxygen to virus. Viruses are small and when we cut oxygen supply they die and this way one can control the spread of virus. Possible way to do this is to apply air (CO<sub>2</sub>) pressure at the respective areas like throat and nose especially by CO<sub>2</sub> produced in lungs by closing the nose and mouth to suffocate and kill the bacteria and viruses in nose and throat alternatively. This, one should do for short time and repeatedly at regular intervals of time in a day. Please think over it and one may try this to gain control over the virus and its disaster it is causing.

9) In most of the children's and adults, one face hearing problem even though their ear drums are good. This is due to the lack of concentration on what others are saying. This in turn is due to physical and mental stress of any kind they are undergoing. One should consult doctor and try mental stress medicines to reduce their mental stress and to increase their concentration. By using the medicine for the mental stress, the children's and adults can concentrate on what others are saying and can hearing problem can be solved.

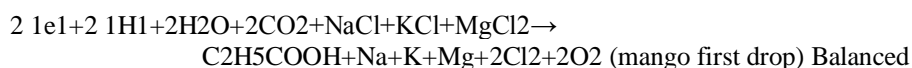
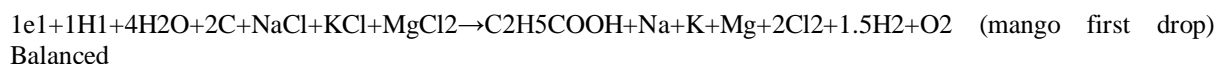
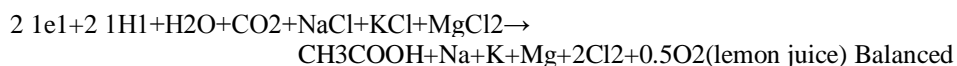
10) Cosmic dust which is falling on earth due to burning of meteorites and asteroids is rich source of minerals and other chemicals which is important for the effective growth of trees and plants. Hence one, who performs cleaning of homes from dust, should collect the dust and use as manure so that the minerals and chemicals required is appropriate for the plants and trees growth. One need to check whether the cosmic dust can be synthetically produced or not, if one is successful in producing that the trees and plants can give or produce or yield large quantity of different kind of fruits and vegetables. This is important step. This is occurring naturally and one should do it synthetically to yield large amount of fruits and vegetables.

11) Probable equation of producing electricity from starch and carbohydrate present in potato when exposed to sunlight which needed to be verified; potatoes do usually produces electricity under sunlight



Below equations are examples of photosynthesis process occurring in plants like lemon and mango trees to produce acetic acid (lemon juice) and ethyl acetate (Mango first drop)

Photosynthesis of methyl acetate (CH<sub>3</sub>COOH) and ethyl acetate (C<sub>2</sub>H<sub>5</sub>COOH) under visible light and also using NaCl, KCl, MgCl<sub>2</sub>, present in water, with intake of H<sub>2</sub>O & C and H<sub>2</sub>O & CO<sub>2</sub> intake.



12) One need to check which type of acids and bases are present in clove, ginger, garlic, cinnamon and lemon seed, in all these the common acid and base can be used to prevent or cure the coldness, cough, headache, body pains, hand and legs uneasiness etc. All these are antibiotics which are produced naturally and one need to do research and find the common acid, base and chemical present in all these and need to check whether these are effective to cure and prevent the above problems.

13) Generally to kill the kitchen and drainage cockroach red hit is used. This will kill the cockroach but they reproduced within one week of time in large numbers. Therefore I think that the oil produced in bronze pot due to black fungus on tamarind and water will be effective to kill and control the cockroach population. The oil produced by washing the bronze pot with tamarind after one or two days is very little. If one produces this oil in large quantity then it should be tried on cockroach to kill and control the population. I hope that this will be effective in controlling the cockroach and this needs trial.

14) Undigestion of food is due to less saliva produced by salivary gland, and less stomach acid (HCl) produced by pancreatic gland. This arises due to less intake of food which have less glucose. If one eats food which have glucose the problem can be solved. Direct eating of sugar which is source of glucose also produces saliva and HCl appropriately. The acidity is also produced when excess saliva and stomach acid is produced by salivary and pancreatic glands. To dilute the acid one need to take dal curry or sambhar with appropriately amount of tamarind, or curry made up of Bengal flour and curd. This will solve the problem. Excess tamarind also causes acidity. If acidity still persists then one may reduce the acidity problem by drinking cow milk or

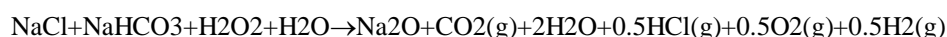
curd directly. The fat in curd and milk dilutes the acidity. One need to take balanced food with above contents otherwise it causes excess or deficiency of acid. Less saliva is produced due to less intake of glucose, saliva in proportion to glucose naturally produced according to food one intake, to produce saliva glucose supplement should be taken or take food which have glucose. Less production of saliva causes difficulty in swallowing of food. In such situation curd in liquid type should be tried so that it is easy to swallow food. This is generally observed in children's and aged persons. One feel difficult to swallow food when the glands which produces saliva functions abnormally. Supply of glucose in to the body should be tried for normal function of saliva glands or taking multivitamins for normal functioning of salivary gland. Saliva gland is below the tongue where one observes hole or opening. For example one who eat roti and bread which have carbohydrate feels difficult in swallow but one who eat sugar, or hot chilli one normally produces saliva. One who observes these problems in children and adults should try this way.

15) Vitamin C tablet for cough relief for children's and adults, for children's multivitamins should be used for relief from cough; otherwise they will vomit what they eat. Until children's problem is solved half food should be given not to force eat more otherwise they will vomit due to cough. If they cry to eat when they have cough, one need to give them one pack of salty biscuits with milk. If they still cry to eat give them only milk to reduce hungry for food until they are relieved from cough.

16) Paan (betel leaves), Trevaive (areca nut), Beedi (made up of tobacco leaf), Cigeret, Liquor Beer up to 5% alcohol, Black and green leaf on rice ball in Japan, Jack fruit white seed, saliva of hairy worm found on drum stick tree and also big tree with flowers with cone shape (like pencil like material which is yellow or orange colour). Common chemical in all these above material should be found and I am getting the thinking that this chemical is useful for long life. Generally thinking is given to humans by god and also he shows observation related to science and technology. One need to always open his mind and sense organs to observe the observation shown by God. This need research and development work.

17) Ammonia (NH<sub>3</sub>) and Ammonium hydroxide (NH<sub>4</sub>OH) and PVA (polyvinyl alcohol) are harmful and Ammonia and ammonium caused skin damage to humans and also it is harmful to water animals. PVA should not be drained in to ocean otherwise water animals will die. These should be used for positive purpose and not for negative purpose. Ammonium hydroxide is used to make bombs with other liquid like KOH. IT should not be sold to individual person and should be supplied to labs and industries who use it for good purpose after after identifying their identity for example adhaar card. Instead of draining in ocean it should be used in recycle way. IF not or Otherwise it needs to be banned. Similar to this Carbon tetrachloride (CCl<sub>4</sub>) is harmful to ozone by reducing its thickness in other words this makes ozone layer thin and one need to identify the other chemicals which causes damage or thinning of ozone layer. These should be banned. Ozone protects us from the harmful solar rays for example ultraviolet rays. The chemicals like CCl<sub>4</sub> causes damage to ozone layer and this increase the global warming and not the CO<sub>2</sub>. The CO<sub>2</sub> is the food of trees and plants, CO<sub>2</sub> emitted by humans and vehicles or other process are used by trees to give us oxygen. Global warning is not due to CO<sub>2</sub>, but it reduces the temperature lower or cools it. For example soda water. CO<sub>2</sub> is lighter than air and the photons of sunlight pushes the CO<sub>2</sub> towards the ground so as to reach the trees and plants. The actual cause of global warning is not CO<sub>2</sub> but thinning of Ozone layer. The chemicals which makes ozone layer thin should not be used or banned. If One wants to use CCl<sub>4</sub> for good purpose like the refrigeration purpose precaution should be taken not to release the CCl<sub>4</sub> in the atmosphere by covering the pumping system of gas chamber in refrigeration with another chamber so as to not leak out in the atmosphere. If this is done then no need to worry. One should not sell the CCl<sub>4</sub> to individuals on any basis. If not it should be banned. The other chemical which damages the ozone layer is Ammonia (NH<sub>3</sub>). For refrigeration purpose Nitrogen (N<sub>2</sub>) may be compressed and expanded.

18) Update on possible way of purifying salty water in to pure water by sodium bicarbonate and hydrogen peroxide which needs a trial. This need to try on washing of clothes this way one can reduce the surface tension of water by the initial constituents so that the dirt or strains are removed. Surface tension is nothing but viscosity of water. One need to check it is less or more and should try accordingly. In many places there is no drinking water, this way one can wash the clothes using salty water. If it works then it should be improved until difficult strains can be removed by opting the viscosity of water either it is less or more. In the below equation three gases are produced which helps to modulate the water tension i.e. viscosity. Important constituents are Sodium bi carbonate and hydrogen peroxide.



19) Children's no talk, this is due to hard and non movement of tongue, not good membrane of throat. You will observe loss of sound or loudness due to non movement of tongue and not good membrane of throat. This arises due to deficiency of potassium. Potassium is contained in banana. It should be taken when you observed it for first time in children's and also adults. The no good membrane occurs due to eating very hot food with chatni which contains raw tamarind which is cold or refrigerated. You will see less loudness of the sound or loss of voice. You should avoid doing this. You will know it if you have experienced it. If you eat after heating the juice of tamarind in sambhar or dal curry. You will not face this voice problem. If you eat curd with very hot food it does not occurs. If you avoid eating very hot food with cold or refrigerated chatni which contains raw tamarind, you will regain your voice in two to three days. Do in this way and your voice will regain. In children's if one observes non movement of tongue for the first time, then they should be given potassium to make free movement of tongue and regain voice. Potassium is contained in banana. Eating banana would be beneficial for children's who face non movement of tongue.

20) Mouth cancer, Gums cancer, lip cancer, lungs cancer, skin cancer, damage to liver all are due to deficiency of potassium, potassium is in banana, one should take potassium when one observed it for the first, one should also try vitamin c for gums cancer, throat cancer, this is needed to not to allow gums cancer, throat cancer to occur further. For lungs cancer one should inhale the medicine prescribed for it using nebulizer by inhaling through nose. One should also try gagje in urdu seed by burning and inhaling its fume. This can also work on other type of cancer. Skin cancer can also be removed and cured by applying hot oil and taking medicine for healing of wound after applying the hot oil. For lip cancer i.e bulging of lips this is also due to deficiency potassium and one should intake it. It can also be treated at initial state by eating water melon. Drinking of 25 glasses of water daily will also not allow to occur any type of cancer. These arises due to smoking of cigarette, eating gutkha, due to inhaling of gas coming out of the match stick after lighting it. One should not inhale the gas coming out of the match stick. The gas contains phosphorous trioxide and penta oxide and these are also called as red and black phosphorous and this gas is harmful to nasal and lungs and should not inhaled it. After lighting the match stick it should keep away for some time. The above remedy is for also to the smokers. There for one should drink water 25 glass of water, take vitamin C twice or thrice a week, potassium daily one banana as it contains it. Water melon for lips cancer. I have experienced it and I am sharing with others. It is important.

21) There are three stages of sleep, first stage of sleep is from 10PM to 5 AM, second stage of sleep is from 5AM to 11:30AM, third stage of sleep is 2PM to 6PM. If one is observing this then they should follow these three stages. One who observed first stage of sleep they should work in the morning. Those who observed 2<sup>nd</sup> stage of sleep, they should work in the afternoon. Those who observed 3<sup>rd</sup> stage of sleep, they should work in the night. If one not observing sleep in any of these stages they should consult doctor and take sleeping pills. If one does not follow any of these they will be in stress and cannot concentrate on work and they observe mental and physical problem. Mental problem is stress. Physical problem is head ache, uneasiness of hands and legs.

22) Doctor prescribe SKIZORIL 200mg to reduce the stress and it works, but he also prescribed supporting medicine Initially ATIVAN, TRYHP 2mg, and later PHEXY 2mg for that purpose. But because of ATIVAN 2 mg one observes uneasiness in hands and legs. For TRYHP and PHEXY one observed negative thinking to harm self and may be others may also feel try to harm others. In these any of the two medicines the content is proponol. When I told about it to doctor he strike PHEXY tablet. In the case of SKIZORIL one observes getting of saliva excessively, In order to reduce it doctor prescribed NODIP 2 mg. But this causes much reduction of saliva. If no saliva then it is difficult to swallow the food we heat. We need to solve this problem by trial and analysis. Previously I used RIZDON 4mg before the SKIZORIL as prescribed by doctor while taking this there was no mental stress and this medicine also reduced the severe easiness in my hands and legs. I also think that uneasiness in legs and hands arises due to lower sugar level; I dranked around five small glasses of tea, I think this also work for reducing the uneasiness in hands and legs. One need to think over it and medicines should be improved to solve the problem. If one observes head ache or joint problem please think over this and consult doctor and take his advice by showing this note. In children's and adults if the uneasiness in legs and head or body pain is occurring this may due to lower sugar or lower BP or the reverse of it. For Low BP intake of salt should be improved and high BP intake of salicylic acid it is similar to chemical in IBUFRUFEN on doctor advice. I experienced this. I acted accordingly. If you are experiencing any health problem try to find out in this way based on you have observed and act accordingly. The doctor prescribes the supporting medicine to reduce the side effect o SKIZORIL and RISDONE but they have their own side effect. The doctor is Dr. Phani Prasant near lalaguda near tarnaka, he is mind doctor. Those who are experiencing negative thought to harm self or others should find with which medicine it is occurring and try to avoid it. You have to experience it on your own and tell doctor about your experience to modify or prescribe the other medicine.

23) In the case of small children's if one observes brain disorder problem, this is due to non consumption of iodized salt. If one observes it for the first time they should be given iodized salt. If still problem persists, i.e. brain development problem, this is also due to deficiency of Cysteine and cystine, methoxy cysteine. With

consultation with doctors the medicines which contain these three chemicals should be given to children's. In adults and children's DNA and RNA degeneration occurs due to deficiency of above three chemicals, to avoid this or cure this medicines which contains these three chemicals should be orally given to them under doctor's consultation.

24) If one is experiencing the burning sensation in your anus or boils this is one type of piles and causes severe burning sensation in anus while one defecate and this arises due to non consumption of stomach acid i.e. HCl to digest the food we eat. This is due to excess production of acid in stomach. When one defecate the stomach acid is present in the fecal matter and this will create bubbles or boils around the anus. So one who is experiencing this first time they should take digene or gelucil tablet this neutralize the acid in stomach and if this is rectified the piles problem will be healed. If one don't do this they experience this very long time and you may not be able to bear the pain or burning sensation. If still the problem persists the red flower which has two type of flowers on different big trees one flower is like paper. One should samash it and apply around that part and check whether it will work or not.

25) For Pregnant lady, delivery of child one need not do scissoring and should do it in a normal way without surgery by using medicines which helps delivery of child in a normal way and this should be done along with greasing or lubrication to make the delivery in a easy way.

26) Kidney stone Chemical formula how to heal it or avoid it. Below are different kinds of kidney stones, by which it is known why it is occurring and probable solution to avoid it [2].

**Calcium oxalate** is a calcium salt of oxalate with the chemical formula  $\text{CaC}_2\text{O}_4 \cdot (\text{H}_2\text{O})_x$ . It is in black dark brown. It is observed in In 80% of the patients. It can be avoided by not to drink milk and eat onion simultaneously. Oxalic acid may be onions and calcium in milk. If you are taking this simultaneously you should stop this. Otherwise the above calcium oxalate will formed in you kidney and will be extremely pain full.

**Calcium phosphate** is a family of materials and minerals containing calcium ions ( $\text{CaPO}_2$ ) together with inorganic phosphate anions. Calcium phosphates are white solids of nutritious value and are found in many living organisms, e.g., bone mineral and tooth enamel. It is observed in 5-10% of patients. IT occurs due to reaction of your teeth and fumes in the match stick when ignited. The teeth contain calcium and fumes is phosphorous pentaoxide and phosphorous trioxide. Both are injurious to health. One can avoid it by not to inhale the fumes coming out of match stick when ignited.

**Uric acid** is a heterocyclic compound of carbon, nitrogen, oxygen, and hydrogen with the formula  $\text{C}_5\text{H}_4\text{N}_4\text{O}_3$ . It forms ions and salts known as **urates** and **acid urates**, such as ammonium acid urate. Uric acid is a product of the metabolic breakdown of urine nucleotides, and it is a normal component of urine. High blood concentrations of uric . It is yellowish and reddish borwn. It is observed in 5-10% of patients. This occurs due to the formation of urine in to stone and this may be due to carbon and nitrogen present in the urine. This can be avoided by drinking of water frequently until it is rectify. IF not one should inject glucose in to the blood. This way the urine stone can be dissolved.

**Struvite** (magnesium ammonium phosphate) is a phosphate mineral with formula:  $\text{NH}_4\text{MgPO}_4 \cdot 6\text{H}_2\text{O}$ . It is dirty white and it is observed in 10-15%.

This may be due to reaction of urine in the urine bladder with the undigested food which have phosphorous in the meats, poultry, fish, nuts, beans and dairy products, chocolates. One who is observing this they should avoid taking these foods for some time.

**Cystine** is the oxidized dimer form of the amino acid cysteine and has the formula  $(\text{SCH}_2\text{CH}(\text{NH}_2)\text{CO}_2\text{H})_2$ . It is pink yellow. It is observed in 1-2%. This may be due to reaction of urine in the urine bladder with the undigested food which have amino acids in the fish, egg, cheese, butter, mushrooms, beans etc. One who is observing this they should avoid taking these foods for some time.

**Xanthine** is a purine base found in most human body tissues and fluids, as well as in other organisms. Several stimulants are derived from xanthine, including caffeine, theophylline, and theobromine. It is extreme rare. This is due to drinking tea and coffee. If it is undigested it will react with urine and forms kidney stones.

The other type of kidney arises due to intake of spinach and tomato simultaneously and one should avoid doing this. Precaution and cure by glucose injection and by citric acid intake which is present in orange.

27) Possible remedy for the patients who have been paralysed

Paralysis in different parts of the body arises due to not proper flow of blood. This may arise due to blood clot which blocks the blood flow in nerves and arteries. The blood is the carrier of oxygen and if blood does not carry oxygen then numbness in the different parts of the body is observed. This also causes brain hemorrhage if supply of oxygen by blood carriers does not reach brain. This may arise due to old age due to having less energy in them and thickening of the blood. The other way of arising is not being properly temperature regulated in the body, blockage of nerves and arteries because of blood clot and also due to shrinkage or bending of nerves and arteries. For having less energy glucose can be injected in to the body weekly once or as many times as suggested by a doctor. For blood clot this will also be useful. For not regulation of temperature in body, intake of foods like papaya, eggs, chicken and beet leaves would be beneficial. In the case of blockage of nerves and arteries, it arises due to thickening of blood hence for further blood clots occur. Potassium medicines should be taken with doctor's advice because it is blood thinning agent and dilute the blood clot. It is also helpful for the other organs including the brain of which one observes attack of different types of organs like brain, liver, lungs, kidney etc. Potassium also helps to reduce these attacks. Eating banana would also be beneficial as it contains potassium. But direct intake of potassium medicine will have good and faster effect. In the case of bent and shrinkage of nerves and arteries, it arises due to gradual loss of elasticity, to treat this I suggest to take them steam bathing for half an hour twice a day and also potassium which is present in banana. Steam bathing would have the effect to make nerves, arteries and muscles to relax, to gain their elasticity and do their proper functioning.

28) To check the Bitter gourd [3] leaf extract as medicinal cure for dog bite. I have seen Laxmi Aunty in front of our home using it for dog bite, whether it cured without any other medicines or not I don't know. I observed it in my childhood days.

The leaves of bitter gourd is nutritious and rich in minerals like potassium, sodium, calcium, zinc, magnesium, iron, manganese and copper, and vitamins like carotene present in carrot, folic acid present in radish, cyanocobalamin which is also called vitamin B12 and ascorbic acid which is present in lemon juice it is called acetic acid along with some traces of vitamins B3, B6, D and K. Vitamin K is potassium or need to be checked. Leaves of bitter guard have many vitamins and minerals any of these may be curing the dog bite.

Since these leaves have multi-minerals, multi-vitamins at one place, the extract of these leaves may be used to prepare medicine for childrens with good taste and smell. This is very important as these leaves have multifunctional medicine. All these are needed for the growth of brain, multiple organs like kidney, heart, lungs, liver, pancreatic glands, all sense organs etc. Salivary glands produce saliva in mouth. Children's who eat food with difficulty needs all these minerals and vitamins and acids to help them swallow food. They face difficulty in swallowing of food due to non production of saliva in mouth by salivary gland.

29) If one observes wound due to any burn or scratch of skin due to playing or accident. Whether It is less or more, our body naturally heals this for example for scratch of skin potassium present in banana is helpful. Potassium is used to thinning of blood to avoid blood clot in nerves and arteries. For wounds by burn and scratch the body produces less potassium in the part of area so as to heal it by forming the surface clot with large surface area. If the blood is thick, Thick means it contains fat. Potassium will make it thin. For burns the body regenerates skin by supplement of potassium. Potassium is in banana, bitter guard leaf, cabbage, liver etc. If one takes multivitamins syrup this will be helpful. All the minerals or vitamins can also be find in one bitter guard leaf as stated above. IF you take these multivitamins the skin will be regenerated and also heal the wound. If we don't take this body will heal it naturally but slowly. Body natural system balances the vitamins or minerals we take to any part accordingly to lower or to make higher to treat the ill health of any kind. Ill health also means wound or scratch, also to any kind of problem in any part of body.

30) Generally for the case of children's they lose teeth at 5 to 6 years of age and get regenerated naturally. One need to cross check how it is happening by research and development to avoid and regenerate the loss of teeth and tooth in adults and aged persons. Generally the adult loose teeth and tooth and it do not get regenerated. This loss of teeth and tooth in adults arises due to weak gums which gets open up and is the cause of losing teeth and tooth. This is due to deficiency of vitamins, as in their old age their digestion is not good and



hence they have deficiency of vitamins and to avoid this they should take multivitamins daily twice or eat the vegetables and fruits which contains vitamins. The probable vegetables are Vitamin C in lemon and orange, vitamin B is wheat skin, Vitamin D sunlight, Vitamin K in banana, Vitamin A in spinach. All of these vitamins and minerals are in single leaf of bitter guard. One need to take multivitamins or those fruits and vegetables which contains it when they first observed the lost of teeth or tooth for the first time. If you have doubt Please confirm this with your doctor. If there is excess of radioactive calcium the tooth becomes brittle or fragile and which causes decay of tooth. If there is shortage of radioactive calcium tooth will not be formed. Healthy people have medium radioactive calcium in their bones. The radioactive calcium is present in milk but it is less and hence this radioactive calcium may be extracted and if in appropriate concentration given to patients who have this problem, then I hope that the problem can be solved.

31) The bent bone to some persons arises due to deficiency of radioactive calcium because it becomes soft and one need to adopt as given below to rectify it. If there is excess of radioactive calcium the bone becomes brittle like glass and this causes broken legs and hands and bones in other parts of body when do heavy work or exercise.

32) It is known that bones become little bit soft when exposed to nuclear radiation therapy. If one treat patients with radiation therapy to make bones soft after doctors consultation and advice and ask them to do proper exercise then bent spinal cord can be straightened. The exercise may be to tie a knot at one end of rope to a strong bag and another end to wall and ask the patient to wear the bag around the shoulders and walk on thread mill opposite direction to wall. Radiation therapy to soften the bones and the above exercise will have the effect to straighten the bent spinal cord who has this problem in patients. It should be done under doctors care.

33) I observed whitening of black hair on my brother who used to bath with pantene shampoo on head. After he observed it he changed to lifeboy bathing soap, by doing so he regained the colour i.e his hair become black. I also observed that if we apply oil parachute on head immediately after bath then there is hair loss at front two sides. It means that if we apply oil on dry head no hair loss and but after bath with if we do not dry hair the hair loss occurs. If one observes this should avoid oil immediately after bath, this should be done after completely drying of hair probably one or two hours after bath.

Hair loss problem even after trying to clean with various soaps and shampoos and by applying various hair oils; then the solution is to clean the hair with Bengal and horse gram flour diluted in water. Try this separately. When there were no soaps and shampoos this was the way to clean body and hair. Bengal gram flour is good anti-greasing or oiling agent. This we have ignored and this is for your kind information. By doing this way we can reduce the hair loss and this can also helps to grow new hair which is not taking place with the chemicals present in the soaps and shampoos and also by applying oil. It is for those who have hair loss problem even after using different types of soaps, shampoos and also by applying various hair oils. Dense hair can also be gained if one bath with hard water or salty water. I observed this on many people.

To check Kankamaralu flowers which is orange yellow in colour extracted oil for the growth of thick and dense hair. The kankamaralu seed which is in yellow colour will get blasted up as we wet it by water. The root of hair contains Kerotenin and this is like black polymer material which is stiky. One need to find what is it and try to produce it synthetically and by using this we need to check will be useful or not. It is also observed that those people who put knitted kankamaralu flower with thread have dense and thick hair. This may be due to smell or gas of flower. One who observed this share it with others. I have observed it on others who put kankamaralu flower on their head. I hope that if one follows this the problem will be rectified.

The hairs are nothing but the dead cells or tissues in the brain. In persons who have degeneration and regeneration of cells and tissues, the hair is normal. In the persons who have degeneration of brain cells and tissues they lose hair and become bald. Those persons who have regeneration of brain cells and tissues they have thick and dense hair. To avoid this problem Vitamin K and other vitamins should be taken, for example the leaf of bitter guard leaf which has multi minerals and multi vitamins. For brain improvement and memory Vitamin E is help full which is present in fish oil and also the H<sub>2</sub>S gas in the egg yolk. I observed gain of little bit of hair on my head due to intake of Vitamin C tablet which is also present as acidic acid in lemon and orange. It is also called ascorbic acid. It is also present in tomato.

34) The vitamin C is the fat reducing acid, it comes as tablet which is also present in lemon juice. I observed on myself loss of weight by taking this vitamin C tablet. In one and half year I reduced 20 Kg of weight. In my case the weight taken by weighing machine very long before and it was 77Kg, When I intake vitamin C tablet thrice a week my weight was reduced to 57Kg in one and half year of time, after around twenty days my weight reduced to 54.65Kg. My father whose name is Syed Yousuf, also took vitamin C tablet who is fatty and his weight is around 92Kg, but there is no loss or gain of weight. This means that vitamin C does not work on aged persons. The probable solution may be to take vitamin C tablet along with the orange juice which also contains vitamin C also called ascorbic acid or citric acid. I told this to my father I hope it works on him. If

the fatty people can reduce the fat in their body and stomach by using vitamin C tablet and orange juice, then the arthritis problem can be also reduced, If it works then this will reduce the load i.e. weight of their own body on their knees. One should try this if it works share with others. To regain the weight I am drinking raw milk so that according to my height the weight can be regained. According to my height the body weight should be 65Kg. I stopped vitamin C tablet and drinking raw milk to gain weight.

35) I observed black moles on the face of my sister, she is medium fare, there are only 4-5 moles on her face before. She applied fair and lovely to for long time hoping to reduce the moles, but applying the fair and lovely the moles increased in number covering her face. My brother Syed Mahmood also observed white hair on the application of pantene shampoo. After that he stopped it and after some time he regained black hair by using the life boy soap. This means that if my sister stops the application of fair and lovely may be the moles will go off naturally. If this does not stop she should try with Bengal gram powder mixed with water. I will tell her to do so. I hope that this works well. This flour is also antigreasing or anti oiling agent, those who have problem with any kind of soap and shampoos should try with Bengal gram flour mixed with water. Example is apply the oil on your palm and apply the Bengal gram flour on it with little water and rub for some time you will surely see that oil on the palm is removed. The problems are like dandruff, itching of hands, legs and head and any part of body. One should try this.

36) Generally many people face severe constipation problem. This arises due to not having to produce water in the intestine. This generally arises due to food like banana, which can also be used to treat loose motion problem. If one observes severe constipation problem then they should take medicine like CREAMAZEN PLUS syrup, which helps to cure this problem by producing water in the intestine very well. The contents of CREAMAZEN PLUS syrup contain milk of magnesia, liquid paraffin and sodium picosulphate. The constipation problem arises due to no water formation in intestine. If one observes loose motion due to bacterial infection then ELDOPAR medicine should be taken. You should stop it taking it when you feel relieved from loose motion problem, otherwise If you use it for longer time severe constipation problem arises again. Therefore you need to be careful. I drink lot of water but I have constipation problem. Drinking water does not go to intestine and does not solve the problem, but by using the CREAMAZEN PLUS it helps to produce water in the intestine. Drink as much the doctor has advised to take or try it by trial and error and learn it by yourself how much ml of syrup should be taken. Take this syrup immediately after food and drink glassful of water at night. If you drink excess then loose motion will occur and you cannot control it. I take once every 4 days of CREMAZEN PLUS syrup. This solved the problem. You adjust it according to your experience because it work fast in some people and for some people it work little bit slow.

37) Riboflavin is also called as vitamin B2 can be used to cure the bacterial, viral and fungal infection in the body. It also helps to prevent the migraine i.e. severe head ache problem in children's and adult males and females. Riboflavin also used to cure children's having bubbles on palm and peeling of palm skin.

38) Soybean [4], raw milk, bitter gourd leaf for all type of minerals and vitamins in one go. Cystine is to reduce cancer fully, to cure RNA, DNA degeneration and it also helps to gain fat. Cystine may be helpfull to produced adenine to reduce the cancer, DNA, RNA damage. Lysine helps metabolism, digestion. Glutamic acid for neurotransmitter brain to body parts and parts of body to brain. It also helps and cure uneasiness in hands and legs. For normal bone density and tooth density Calcium phosphate which is radioactive would be useful. Magnesium phosphate relaxation of muscles and to make zero Cholestrol in blood.

39) Ciprofloxin for malaria ( $C_{17}H_{18}FN_3O_3$ ) and quinine for malaria ( $C_{17}H_{18}FN_3O_3$ ) [5]. These medicines for malaria have side effects of various kinds, this is due to the reaction of above two medicines with hydrogen and oxygen to produce ammonia and hydrofluoric acid which are harmful to body. In order to avoid the side effects one has to break down these chemicals in to methoxy benzo benzoic acid ( $C_{11}H_{16}O_3$ ). Below are the chemical reactions to produce methoxy benzo benzoic acid. This is helpful to cure the malaria. These reactions should be performed in laboratory and the final product methoxy benzo benzoic acid should be used to cure malaria.

1-cyclopropyl-6-fluoro-4-oxo-7-piperazin-1-ylquinoline-3-carboxylic acid  
 $C_{17}H_{18}FN_3O_3$

$C_{17}H_{18}FN_3O_3 + 16H_2 \rightarrow C_{11}H_{16}O_3 + 3NH_3 (g) + HF + 6CH_4 (g)$  ( balanced)

$C_{17}H_{18}FN_3O_3 + 4H_2 + 6O_2 \rightarrow C_{11}H_{16}O_3 + 3NH_3 (g) + HF + 6CO_2 (g)$  (balanced)

$C_{20}H_{24}N_2O_2 + 17 H_2 + 0.5 O_2 \rightarrow C_{11}H_{16}O_3 + 2 NH_3 (g) + 9 CH_4 (g)$  (balanced)

$C_{20}H_{24}N_2O_2 + 10O_2 + 0.5C \rightarrow C_{11}H_{16}O_3 + H_2 + 2NH_3 (g) + 9.5CO_2 (g)$  (balanced)

General formula of quinine is  $C_{20}H_{24}N_2O_2$

Ciprofloxacin malaria, 1-cyclopropyl-6-fluoro-4-oxo-7-piperazin-1-ylquinoline-3-carboxylic acid

$C_{17}H_{18}FN_3O_3$

Final product should be methoxy benzo benzoic acid ( $C_{11}H_{16}O_3$ )

40) Balloon generally blown with breath from mouth i.e.  $CO_2$ . It burst in sunlight means  $CO_2$  expands in sunlight and the photons bring  $CO_2$  lower to the ground so as to reach the plants. This observation was observed by me and others can also observe it. If your homes are facing the east with sunlight coming from the window with thin space between the two windows. One can observe the pushing of  $CO_2$  obtained from cigar after blow where the sun rays are coming. With this we can explain that cool earth atmosphere is due to expansion of  $CO_2$  and not the cause of global warming, the coolness of atmosphere in winter season may due to also contraction of  $CO_2$ . The global warming is due to thinning of ozone layer and to reduce this one should not emit gases which harm the ozone layer example  $CCl_4$ . And need to check what are other gases which are harm the ozone layer. Instead of using  $CCl_4$  for cooling in refrigeration, one should try this expansion and contraction of  $CO_2$  and  $N_2$ . One need to check whether it is possible or not but I think that it will works well. In the case of Delhi in India there arises fog or  $CO_2$  emitted by bursting of crackers and burning of agricultural waste nearby. This stays for one week. This means that there are less tress to consume the  $CO_2$  fully, generally  $CO_2$  is emitted by humans and animals and also by vehicles. To reduce this effect (i.e. fog problem) one should plant seven times plantation of trees than that existing today. If one plants trees uniformly and also seven times that are existing today This will reduce the effect of fog or  $CO_2$ . It is government and individually responsibility to plant trees.

41) Floods, droughts, forestation and probable solution

As we know, floods are due to deforestation. In cities we hardly see trees. Clouds/monsoon is attracted by trees and mountains. Example chirrapunji in Meghalaya the rain fall is heavy because of dense forest and mountains and hence there is always rain fall.

In villages/cities where there are trees there is an attraction for clouds/monsoon and hence the clouds/monsoon stops and there it rain.

If there are no trees in villages/cities nearby, there is no further attraction of clouds/monsoon in that area, then the flood results in cities//villages where are dense trees.

If there are no trees in villages/cities, the clouds/monsoon also travels very fast towards next densely populated trees in villages/cities. This result in drought or less rain in that area where there are no trees.

So the important point to be noted is that uniform distribution of trees result in uniform distribution of clouds/monsoon and hence uniform rain fall. Hence plantation where ever is possible is necessary in villages/cities to avoid non distribution of clouds/monsoon and to avoid floods and droughts.

If plantation of trees is not possible because on narrow roads in cities. Then there is one solution, planting flowering or other plants in pots on the top of the building/house is needed as many as one can. In villages plantation of trees can be done in fields. This would have good effect on monsoon and rain fall. Government order and general awarness to people is needed in that direction.

Floods can also be avoided by linking all the rivers in our India. Government funding for this purpose is needed; this gives employment opportunities to many people. Linking of rivers can also conserve the water by directing flooded rivers to river in other region where there is no rain.

Please forward this information to minister of forest, rural and urban ministers. This is a serious problem and needed to be tackled.

Plantation of trees in every cities and villages of India for uniform distribution of rain/monsoon and to avoid floods and droughts. This is very important to avoid environmental imbalance and this if done would be beneficial to farmers who are totally dependent on monsoon. Government should take necessary steps to plants trees and plants and some amount of GDP should be utilized for this purpose. Governement should undertake or hire people to do this work and this way they can provide employment to many people.

In cities the rain water is drained in to nallas and in to ocean due to cement and thar roads, hence necessary action should be taken so that 20% of rain water goes in to earth. For that purpose lakes and ponds should be diggend in each and every states of India.

42) Leprosy prevention and cure

The leprosy may be caused due to harmful chemicals present in hand wash, shampoos, soaps etc. One need to find it. For example I noticed first stage of wound on my fingers probably the leprosy. I think over it and found that it caused due to use of lifeboy hand wash and I also noticed this using VIM soap to clean utensils. With lifeboy hand wash, it is greasy after washing the hands which is the harmful chemical. With VIM soap the hands are ruff and also caused wound probably the leprosy. One who noticed the wound on fingers of hand and legs they should immediately consult the doctor and try to cure it. It can also be done by taking precaution by avoiding that soap, shampoo, hand wash. You have to observe it yourself and should take precautions accordingly. I did not mean that the above soaps, hand wash, shampoos are bad, this wound is observed in persons one out of lakhs. No need to worry if you observed it try to find out what soap, shampoo, hand wash you are using, and avoid those. Leprosy can also be cured by exposing the fumes coming out of gajge seeds or rita seeds. I have experienced it and cured with gajge seeds. This seed even after keeping in metal container for 15 years, they did not rotten with bacteria, virus, fungus, this means that it contains some medicine. One need to extract this medicine and need to check whether it will helps to cure leprosy and cancer at first stage it self.

43) If one observes small tumor on your head. Then one should consult doctor and ask doctor to check which colour is the tumor by X-Ray machine test. If it is in white and yellow colour then it may be due fat of different kind. So curing this at the beginning stage one should take vitamin C tables example LIMCEE thrice a day, it is fat reducing medicine. One need to check whether it dissolve fat with this Vitamin C tablet as this is fat reducing acid. One also observes white bone which soft in body. This can be removed easily with operation. If there is no pain and it is small no need to worry and shall not perform operation until you observed severe pain. If one observes tumour of red colour then this may be first stage of blood clot. If one observes at beginning stage they should inject glucose and also they should take Potassium which is also present in banana or multivitamins syrup. Glucose and potassium may dilute the blood which is thick and also the blood clot. In the case of tumour in black colour then this is the advanced stage of tumour or it is there for long time. To cure this one may try injecting glucose and taking multivitamins tablet. To check which colour is the tumour one need to perform X-Ray test to get report on objects of white, yellow, red, black etc. Accordingly one needs to act. This should be tried for one-two months. If tumour reduces then it is good and if still exists then one should not operate it if it is small and if they do not observe any kind of pain and do not grow in size. If it still grow in size and have pain then operation should be performed by doctors advice after checking the above steps without any damage to brain. Doctor need to practice operation to remove tumour on Big rats and after mastering the operation should perform operation on patients without damaging the brain. Otherwise sense organs and other body parts will get damaged. For example brain surgery to remove the clot it will effect the functioning of organs and other parts of body i.e. they function abnormally if one do not cure this way.

In the case of people who observed mild numbness in their hands, legs, brain, other parts of body. This may be due to not flowing of blood in these parts. This arises due to non supply of oxygen to those parts by blood clot. Blood is the carrier of oxygen from lungs to the other parts of body. This is the first stage of paralysis. If one observes this first time they should immediately ask doctor to inject glucose and also take multivitamin syrup as this contains potassium which make blood clot to dilute.. This potassium is also contains in banana. IF it solves the problem then no problem. In the case of some patients who observed heart attach i.e. pain in the heart this may be due to abnormal functioning of heart. In this case also injecting glucose and taking multivitamin syrup which also contains potassium which is also contains in banana. IF problem solves it is ok and no need to worry. But one should try this by taking doctors advice. If still problem persists then one need to do surgery, i.e. bypass surgery. Surgery should be the last option.

44) One who feels uneasiness in their hands and legs in day time and after seep, this can be avoided by going to urination whether you feel or not urination and drink glass full of water, by this way one can cure the uneasiness in legs in night time. One who feels uneasiness in their hands and legs in day time this is due to lowering of energy to gain energy one should drink juices or glucone D or 5-6 cups of tea. This will solve this problem. If One still feels uneasiness in their hands and legs after doing as above this may be due to low BP and this can be avoided by licking the salt until you feel relaxed. If you are facing this problem you get negative thinking I mean one feels to harm themselves. Those who observed this should have patience and try the above and I hope that this will work well.

45) In the case of small children's they have eye defect which I mean the black retina is not at the center position and when they look they appears to be left or right This is due to not properly functioning of brain to send the electrical signals through nerves. This is due to deficiency of magnesium phosphate which is present in walnut, leaf of bitter guard and soybeam. This is also called as neuro transmitter medicine. It helps for the proper functioning of nerves to carry signals from brain to different parts of body. One should try this along with the raw milk. I hope that it will solve the problem and if it works it is ok, if not one need to think and consider why it is happening. Those who have uneasiness in their hands and legs they should also try the above,

this is due to abnormal functioning of nerves which carries signals received from brain. If the problem still persists this may due to deficiency of potassium or due to thickening of blood this can be avoided by taking potassium which is also present in banana along with the injection of glucose which makes the blood thin. The thicker blood means presence of cholesterol in blood. This can also be avoided by taking vitamin C tablet as this is the fat reducing medicine. The vitamin C tablet also used to reduce the fat in the body in a year of time around 22 kg of weight can be reduced. I have experienced it. In order to gain weight again raw milk of cow or buffalo should be drunk until one have proper weight according to their height and gender.

46) The fruit of neem tree is used for **hemorrhoids, intestinal worms, urinary tract disorders, bloody nose, phlegm, eye disorders, diabetes, wounds, and leprosy, covid-19 virus**. Neem twigs are used for cough, asthma, hemorrhoids, intestinal worms, low sperm levels, urinary disorders, and diabetes [6, 7].

47) To build homes sand is required and this is dugged from the river side or from the deserts. The extractions of sand to build homes would cause weight imbalance of earth and this may cause environmental imbalance I mean seasonal monsoon do not occur. Therefore sand should not be dugged from desert or from river side to avoid the seasonal monsoon imbalance.

**Conclusions:-** Many suggestions related to medical science to treat patients which are ignored are reported here and some needs focus to think and to carryout research and development work on it. Suggestions related to Corona virus disease, Cancer, leprosy and children's many kind of health problems and its cure are highlighted in this paper.

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